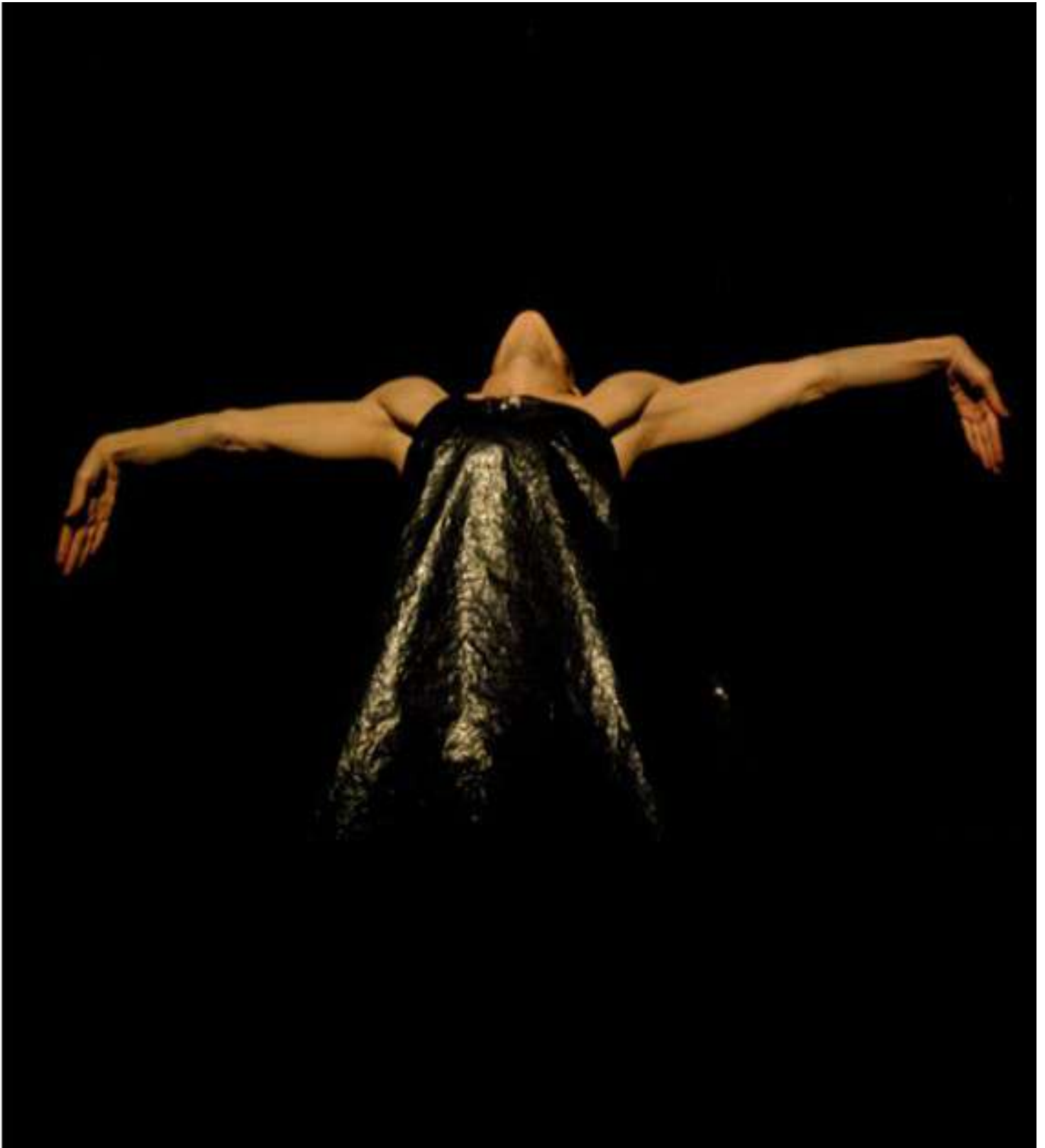


Compagnie Experimento

Sofia Fitas



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EXPERIMENTO 5 - Duo Version

Link Video Experimento 5 - Duo Version : <https://youtu.be/F17h1Pom9fU>

Experimento 5 is a new creation by Sofia FITAS. Constituted as a dance, vocal and sound performance, with 30 min length.

Bodies with a strong and intense physical and psychological stage presence.

Powerful bodies, traveling between chaos and order.

Sensitive, vulnerable, poetic bodies in perpetual transformation, which encourages reflection on the human condition.

Experimento 5 aims to inspire the spectator to question the perception and representation of the body.

On stage, a body with an androgynous morphology and a hidden face, lets the imagination wander between the strange and the poetic of the body, where identity is never fixed.

It is a means of freeing the individual from his gender and his identity, of affirming and thus claiming, an equitability of rights of existence for bodies, beings, the world...

A singular and unprecedented artistic work that upsets and confronts the spectator with strange and less usual images and body movements, which touch, hold their attention and encourage them to think about the body.

The choreography may be presented in alternative spaces, other than theaters.



Literary works source/resource of inspiration and reflection for choreographic and sound creation:

The Book of Intranquility by Fernando Pessoa - Writer

Stick insects by Georges Didi-Huberman - Art historian & Philosopher

Caos and Rhythm by José Gil - Philosopher



Sound/ Music

The sound of the piece is developed from the voice of Sébastien Jacobs, present on stage.

We explore multiple possibilities of using and expressing the voice. This vocal and sound research and exploration, is developed in conjunction with movement research and choreographic writing. They interact and influence each other.

The voice as a form of intense and strong communication and body expression.

Voices of joy, sadness, pain, happiness, rage...

Melodious and harmonious voice, voice of order and disorder.

The presence of the voice, articulated and structured with that of the bodies, which will allow us to discover other sounds, other bodies, other beings, other possibilities...

Light drawing

Light helps to make the strangeness of the body stronger, to show and hide parts of the body, to make or show it in a more singular, ambiguous, interesting and curious way. Lights help create movement and make the piece and space more dynamic.

Artistic Team

Conception / Creation : Sofia Fitas

Music / Voice : Sébastien Jacobs

Performers : Dancer : Sofia Fitas & Sébastien Jacobs

Light Designe & Technique : Anna Tubiana

Costume : Lucie Duranteau



Press articles (french)

https://www.larevueduspectacle.fr/Festival-Trente-Trente-Experimento-5-version-duo--C-est-toi-qu-on-adore--Poesie-du-lendemain--des-corps-a-corps_a2993.html

<https://toutelaculture.com/spectacles/theatre/a-bordeaux-le-trente-trente-danse-avec-les-loups/>

Supports: "With the support of Ménagerie de Verre as part of the Studiolab", La Briqueterie – Centre de Développement Chorégraphique National du Val-de-Marne, Embassy of Portugal and Institut Camões - Paris, Festival Trente Trente - Bordeaux (with the support of ONDA), Studio le Regard du Cygne, City of Colombes, Centre National de la Danse - Paris(studio available), Maison du Portugal - Cité International Universitaire Paris, Le Dansarium - Essonne, SACD – Maison des Auteurs, ACCCA - Cie Clara Andermatt - Lisbon



Biographies - Artistic Team

Sofia Fitas - Choreographer / Performer / Teacher

Sofia Fitas is a choreographer, performer and teacher based in Paris.

Intuition, experimentation and becoming are key words of Sofia Fitas choreographies.

His work focus on experimentation and deconstruction of the body and his movement, trying to question the individual and his identity.

His choreographic pieces disturb the definition of the human being, causing loss or decline the border between the real and the virtual. They encourage us to question our perception and representation of the body, to reflect on the body and the human condition.

Studies :

- Dance Teacher Diploma - University of Human Motricity - Lisbon
- D.E.A. in Aesthetics/Philosophy - Nova University of Lisbon/Paris 8 University
- International Yoga Teacher Diploma - Certified by Alliance Yoga – Paris

After studying classical ballet at the School of the Lisbon Dance Company, she continued her studies at the Rui Horta Dance School, then in London where she became familiar with modern and contemporary dance techniques, then at C.E.M. in Lisbon, directed by Sofia Neuparth. In 2001 she obtained a masters in dance - University of Human Motricity of Lisbon, and in 2004 started a D.E.A in Aesthetics / Philosophy, these studies were deepened by a period of research at Paris 8 University and CNL in 2006. Between 2010 and 2011, she received a grant from the Institut Français for a residency at the Cité Internationale des Arts. In 2021, at Ashtanga Yoga Paris, Sofia obtains the International Diploma of Yoga Teacher certified by Alliance Yoga.

From her choreographic work she highlights the choreographies:

- *Experimento 1* - 1st Prize - 13th International Contemporary Dance Festival of the Canaries - 2008
- *Que Ser ?* selected AEROWAVES - Priority Company 2012
- *Experimento 3* - 17th Biennial of Dance of Val-de-Marne 2013 - commissioned by Daniel Favier Director of *La Briqueterie* - CDCN Val-de-Marne
- *Experimento 4* - Winner in 2015 with the Choreographic Grant Beaumarchais Association - SACD

Artistic Projects:

- 2016/ 2017** - Choreographic residency between La Norville and the Centre Culturel des Prés du Roy / Coeur d' Essonne Agglomeration, with the support of the Department of Essonne and Ministry of Culture (DRAC - Île-de-France)
- 2017/ 2018** - Artistic and educational residency at the Conservatory of Music and Dance of Colombes
- 2018/2019** - Participation as choreographer in the creation "Le Cas Mastrona" by La Cabine Leslie Compagnie of Theater and Digital Arts. The piece was programmed as part of the Nemo Biennale 2019/2020
- 2019/2020** - "Suburban Treasures" - Creation of small choreographic forms, Dance workshops at La Halle des Grésillons and at the Louise Michel Nursery School with the support of the town of Gennevilliers

Currently, Sofia is working on a new creation: Experimento 5, she presents the pieces from the company's repertoire and gives classes and workshops in contemporary dance and yoga.

Sébastien Jacobs - Musician / Performer

During his studies in Louvain-la-Neuve (two master's degrees in Romanesque studies and theater studies, and the aggregation), Sébastien Jacobs approached the stage through university theater.

Since 1994, as an actor, dancer, singer, musician, sound creator or director, he has now nearly 70 creations to his credit, collaborating with more than 20 stage directors, composers and choreographers.

He is notably co-founder of the Belgian **Cie HardtMachin Group** and the French **Cie VIVARIUM STUDIO**, directed by **Philippe Quesne**, with whom he collaborates from 2003 to 2009, and since 2014. Since 1997, he has been a regular performer for the Belgian **Cie MOUSSOUX-BONTE** and is a close collaborator of the choreographer **Erika Zueneli**, and the Belgian **Cie System Failure** directed by **Leslie Mannès** and **Louise Baduel**.

He has participated as a sound creator and performer in the work of choreographer **Sofia Fitas** on **Experimento 2, Sós (Uma homenagem), Que Ser ?, Bestiaire - Experimento 3, Experimento 4** and now on **Experimento 5**.

Self-taught, he sings in particular in high, and plays the cello, double bass, guitars (acoustic, electric, bass, banjo, etc.); he composes the music for the performances using a mixture of real instruments, sound recordings, electronic sounds and samples...

Anna Tubiana - Light Designer and Technician

Training

Ensatt lighting design, 2014-2015 (continuing education), publication of a university dissertation: Light, dance and language, BAC+5

BTS audiovisual, 2007-2009, BAC+2

L2 in Psychology, (by correspondence) BAC+2, L3 in progress

Professional Experience

Lighting design and management for live performance:

Café Muller, taken over by Mathieu Morin, Théâtre Laurent Terzieff (design, management), 2015

Solo actor at ENSATT, (design, management) 2015

Procession, directed by Anne Laure Liegeois, ENSATT, (design, management), 2015

Crossing, choreography Sophie Tabakov, Cie Anou Skan (stage management), 2015

Hippocampus jass gang concert, Marciac, south of France (design, management) 2014

Rose Betty Club concerts, JAM and others, Montpellier, 2014

Les Pleureuses concerts, Jean Villard Theater and others, Montpellier, 2013

Jelly Doll Circus, by Jalenque and Bergareche, Chai du Mas de gentil, 2013

Creation of a photographic story:

The First March, photographs and writing by Anna Tubiana-Naigeon, ed.

Médiabolique-CIHEAM-IAMM, support from the Hermès Corporate Foundation, 2014

Head operator :

Last Caress, directed by François Gaillard (feature film), 2011

Blackaria, directed by François Gaillard (feature film), 2009

The hunt, directed by Tomas Schepansky (feature film), 2009

Numerous fantasy genre short films between 2008 and 2011

Capture of several concerts and shows between 2006 and 2015

Louissette, Directed by Anna Tubiana Naigeon (documentary), 2006