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Commissions, Residencies, Awards, Grants, Honors

- 2024 Grants Sadlers Wells, London, UK
- 2024 Week Residency at Independent Dance, Siobhan Davies Studios, Sadlers Wells, London, UK
- 2024 Week Residency at South East Dance, Brighton, UK
- 2024 Two weeks Residency at Fabrik Potsdam, Germany
- in process as part of MADE IN POTSDAM 2023 ونواة /in process as part of MADE IN POTSDAM 2023
- 2024 Grants Goethe- Institute , Tel-Aviv
- 2023 Grant from the Lottery Council for the Arts for creation of new work "Nawa"
- 2023 Six-week Residency at PACT Zollverein, Essen, Germany
- 2022 Pitching at International Exposure, Suzanne Dellal Centre
- 2022 Residency with the International Interdisciplinary Artists Consortium (IIAC) and Interdisciplinary Arts Lab
- 2022 Grants from Culture Resource
- 2021 Sadim, Commissioned for Staatstheater Kassel dance company, Germany
- 2020 Chrystal Dance Prize, Collaboration for new performance with Julianne Chapple
- 2020 Do Not Title Me, Commission for IntimaDance, Tmuna Theater
- 2020 Ministry of Culture Grant, Foundation for independent creators for creation of *Eat Banana and Drink Pills*
- 2020 Choreographers' Circle, Residency and feedback cohort, Suzanne Dellal Centre
- 2019 Artist Residency, Movement Research, Global Practice Sharing (GPS) New York City
- 2019 Un/Controlled Gestures, Residency/seminar on dance and body politic, Goethe Institute, Morocco
- 2019 Grant from the Lottery Council for the Arts for creation of new work
- 2017 Invited Artist in "Translucent Borders", sponsored by New York University and Jacob's Pillow
- 2015 Curtain Up Festival, Israel, commission for creation of Path
- 2016 Curtain Up Festival, Israel, commission for creation of Pirg'in
- 2006 America-Israel Foundation Scholarship

Choreographic Works

Nawa (2024 / نواة

Premiered Holland Dance Festival, Den Haag, Holland Premiered at at Frauenkirche Dresden, Germany Presdentd in Fabrik potsdam dance festival, Germany

Eat Banana & Drink Pills (2021)

Premiered Suzanne Dellal Centre, Tel Aviv, 2021; Presented in Fabrik potsdam dance festival, Germany, 2022; HANGARTFEST, Italy, 2022, ''Movement Resreach Festival, Dancespaceproject, Marks church, 2024, Cafe' Belcampo, Amsterdam

Sadim (2021) سديم

Commissioned to create a new work for the Staatstheater Kassel, Germany, 2021

Do Not Title Me (2020) Commissioned to create for Intimadance Festival, Tmuna Theatre, Tel Aviv, 2020; Presented in in Beit Hagefen, 2021; Hangarfest, Italy (Virtual), 2021

Alquds Site-Specific (2019)

Commissioned to create work at the Jerusalem Academy of Music and Dance part of Body. Site. Dance. 2019

Fear and Freedom (2018)

Created as part of "Translucent Borders" Project of New York University, at Jacob's Pillow and Lincoln Center Festival, USA, 2018

Pirg'in (2017)

Commissioned as part of Curtain Up Festival, 2017;

Presented in Beit Hagefen, 2021; Festival de Danza Contemporánea, Mexico City (Virtual), 2020; Women's' Festival, Saraya Arab Theatre, Yafo, Tel Aviv, 2019; Echo Echo Dance Festival, Northern Ireland, 2018; 22nd International SoloTanz Theater Festival, Stuttgart, Germany, 2018; Ramallah Dance Festival, 2017

Path (2015)

Commissioned as part of Curtain Up Festival, 2015; Presented in Ramallah Dance Festival, 2016; International Exposure, Suzanne Dellal Centre, 2015

Rose and Jasmin

Choreographer for the play by the Hakawaty National Palestinian Theatre with Ivary Theatre, France, 2015

Teaching

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2024	Workshop at Movement Research, New York
2024	Workshop at Henny Jurrriens Studio, Amsterdam.
2023	Workshop and Lecture at about her work at Heinrich Heine University Düsseldorf,and at Tanzhaus nrw Düsseldorf, Germany.
2023	Workshop in the International Interdisciplinary Artists Consortium (IIAC) and Interdisciplinary Arts Lab.
2022	Deeper Lectures series, Gibney, NYC
2022	Workshop at YOCOPA Conference, EMIS School, Tlv
2017-Present	Artist Talks/ Lectures
	Invited to give artists talks in various platforms including: Dancing to a Different Tune conference, Ben Gurion University, Beer Sheva; University of Tel Aviv with Dr. Hodel Ofir; Workshop for undergraduate dance students of the University of the Arts Dance Department, Philadelphia, USA
2017-Present	Developing movement language and dance practice for treating the soul and the body
2019-Present	Teaching at-risk youth in periphery communities as part of "living in a movement" project, supported by Choreographers Association and Lottery Council for the Arts as well as teaching children in Palestinian elementary schools; Teaching Yogapila, an original movement language, Palestine
2016-Present	Workshops for Professionals Choreography Workshop and Movement Language, Ramallah Dance Summer School; Choreography workshop, Sareyyet Ramallah Summer Dance School, Ramallah
2013-2015	Artistic Management and Teaching at Shefa-Amer Dance School, Palestine
2008- 2015	Classes for Non-Professionals, Shefa-Amr Dance School Classical Ballet for all ages; Contemporary Dance for children and adults; Choreography for young adults

Academic Degrees and Certifications

2014 Bachelors of the Arts, Dance and Movement for Practicing Teachers,

Kibbutzim College of Education, Technology and Arts, Israel

- 2012 Certificate in Styling, Shenkar College of Engineering, Design and Art
- 2012 International Dance Theater Course, Kibbutzim College of Education, Technology and Arts, Israel
- 2010 Teacher Training, Bikurey Ha'tim Art Center, Israel
- 2010 BA in Business Management, The University of Derby,UK \ Israel
- 2005 Professional Dancer certificate from the Ministry of Culture and Sport

Performance with other Artists and Companies

- 2017 Einat Amir, "Assumption," Festival "Mekudeshet, Jerusalem
- 2014 Witches Kitchen by Lee Meir and Roni Katz for IntimaDance, Israel
- 2014 Performer and choreographer, "The Dance in the Forest", Collaboration with Segun Ojewuyi, USA/Israel
- 2013 Performer and choreographer, *In Vain*, Nazareth Modern Ballet, Nazareth

2003-04 Dancer with Kibbutz Contemporary Dance Company, Israel

Additional Training

- 2024 Voice as movement in-person workshop with Peter Sciscoli, NYC
- 2024 Ballet Class with Americ Aude, Henny juriens studio, Amsterdam.
- 2024 Improvisation tools, movement, music, and vocal sounds with Hanna Gillgren, London
- 2020 Dramaturgy NOW online workshop of Onassis Stegi
- 2019 Contemporary field of movement and other arts classes disciplines, Movement Research, NYC
- 2018 Contact improvisation workshop with Steve Batts, Echo Echo Dance Theatre Company, Northern Ireland
- 2017 Choreography workshops with Robert Steijn & Ricardo Rubio, Israel
- 2016 Dance workshops of Ramallah Dance Festival, Palestine
- 2015 P.O.R.C.H Choreography summer module, Germany Ponderosa Tanzland Festival
- 2014 Re-search workshop, with Sharon Zukerman and Yasmeen Godder, Israel
- 2012 International Dance Summer Course, Kibbutzim College of Education, Technology and Arts, Israel
- 2010 Teacher Training, Bikurey Ha'tim Art Center, Israel
- 2002 Modern and Classical dance summer course, Givat Haviva Education Center, Israel
- 1995-2003 Sawa Center for Classical and Modern Ballet, Israel

Featured in Published Writing

"Dancing to Transgress: Palestinian Dancer Sahar Damoni's Politics of Pleasure," Dance Research Journal, By Dr. Hodel Ophir, Published by Cambridge University, 2021

"Choreography of Change," By Dr. Hodel Ophir, published by Resling, 2019